

ConnectYourCare Update

New Health Education Tools

ConnectYourCare is excited to announce that we are upgrading and expanding the health education tools available online to participants.

We continuously evaluate our products and services to ensure they are the most consumer-friendly and cutting-edge offerings in the market. During a recent evaluation of our health education tools, we decided to upgrade our tools to a suite of products offered by WebMD.

Beginning April 1, 2010, you will have the following tools available in your online account.

- **My Health Content:** This section provides articles, resources, and information based on your personal health profile.
- **Health Risk Assessment:** HealthQuotient is a powerful health risk assessment tool. Just answer a few questions, and you'll receive an accurate, confidential report that includes: intuitive, at-a-glance summary with prioritized results; customized plans to help reduce or eliminate risk factors; and compelling "what if" scenarios showing the impact of changes in your lifestyle.
- **Hospital Advisor:** Hospital Advisor gives you quick and convenient access to hospital quality ratings. You'll be able to compare hospitals based on experience with specific procedures, complication and mortality rates, average costs, length of stay, and more.
- **Medication Advisor:** This tool provides information on more than 11,000 prescription medications, including lower cost alternatives.
- **Symptom Checker:** Symptom Checker provides an intuitive "point to where it hurts" interface and simple, step-by-step questions. After you've identified the cause, you'll also get advice about what to do next. Find out if you need to schedule a visit with your doctor. Or learn effective ways to treat and prevent some symptoms on your own.
- **Treatment Cost Advisor:** This tool estimates the cost of the care for over 100 conditions, 50 procedures or surgeries, and over 200 medical tests or visits.
- **Health Topics and Content:** detailed articles, charts, videos and diagrams on common chronic conditions, and an A to Z medical encyclopedia listing of over 1,500 ailments with medical information, treatment options, prevention, and more.

WebMD Registration

You will have to register with WebMD the first time you use the tool. Registration takes just a minute and allows you to opt into health newsletters and enables the site to provide custom content the next time you access the site.

We hope you enjoy using these new tools, and we look forward to continuing to provide high-quality tools and account technology.



WWW.CONNECTYOURCARE.COM

Your ConnectYourCare online account puts all of your account information at your fingertips.

At any time, you may go online to www.ConnectYourCare.com for the following account features:

- Get Account Balance
- View Payment Card Charges and Transactions
- Enter a New Claim
- View Claim Status
- Submit Receipts for Purchases Requiring Substantiation
- Access Health Education Tools
- Access Frequently Asked Questions
- And much more!